

# PSYCH FORUM

SPRING 2026 SERIES

## The Psychology of Work and Well-Being



**JACQUELYN BRADY, PH.D.**

Associate Professor  
San José State University

Industrial Organizational Psychologist

### ABOUT THE SPEAKER:

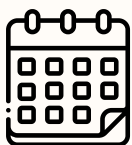
#### Education Background:

- B.A. – California State University San Marcos
- Ph.D. – Portland State University
- Postdoctoral Fellowship – Oregon Health & Science University, Oregon Healthy Workforce Center (NIOSH Total Worker Health® Center of Excellence)

#### Research Focus:

- How work shapes employee health and well-being (including family life)
- Stigma around life events and identities at work (e.g., grief, pregnancy)
- Turning research into practical tools for healthier workplaces

### TALK DETAILS



**25 FEBRUARY 2025  
(WEDNESDAY)  
4-5PM**



Click to join  
**ZOOM MEETING ID:**  
813 9618 6820

Any Questions? Email Psych Forum Coordinator, Jess Chong, PhD at [jess.chong@sjsu.edu](mailto:jess.chong@sjsu.edu)